

Gym,Sauna,Steam Room and jacuzzi Bath Installation Works For The Proposed County Assembly Office Block:

ITEM NO.	DESCRIPTION	QTY	UNIT	RATE	TOTAL (KSH.)
	<p><u>SPECIFICATIONS AND BILLS OF QUANTITIES,FOR GYMNASIUM EQUIPMENTS,JACUZZI,STEAM AND SAUNA BATHS INSTALLATIONS TO THE PROPOSED CONSTRUCTION AND COMPLETION OF INO. OFFICE BLOCK FOR THE KILIFI COUNTY ASSEMBLY:</u></p> <p><u>ELEMENT NO.1:</u></p> <p><u>Jacuzzi Hot/Cold Bath Tub</u> The following 6No.-Persons, Fully Packaged,Standard whirlpool Jacuzzi Tub in approved colour and shape overall size(1800x1800x800mm High) Model 'DURAVIT or other equal and approved, set on Screeded 100mm thick platform,including bedding in (1:3) cement and sand mortar,including the below listed auxiliary components:-</p> <p><u>Filtration and Lighting Equipment comprising of:-</u></p>				
A	'Emaux' V650 Filter or other equal and approved Model	1	No.		
B	1.0HP Emaux Pool Pump ditto	1	No.		
C	Pump Starter	1	No.		
D	'Sollatek' Over Voltage Surge Protector or other approved equivalent	1	No.		
E	Anti-Vortex,50mm diameter Main drain	1	No.		
F	'Astral',40mm diameter Inlets or other equal and approved	3	No.		
G	Wall Conduit	4	No.		
H	'Emaux' 1W/12V Under water light or other equal and approved Model	2	No.		
I	'Emaux' Deck boxes c/w conduits ditto	2	ITEM		
J	'Emaux'20W/12V Transformer ditto	1	No.		
	<u>Essential Jets Effect Massage Effects Equipment comprising of:-</u>				
K	'Builders' Jets	6	No.		
L	Anti-Vortex,50mm diameter Main drain	1	No.		
M	Pump Starter to approved Catalogue	1	No.		
N	'Sollatek' Over Voltage Surge Protector or other approved equivalent	1	No.		
O	'Emaux'Air Controls or other equal and approved equivalent	3	No.		
P	3.0 HP Jet Pump	1	No.		
Q	0.7KW 'Genesis' Air Blower Circulation Pump or other approved equivalent	1	No.		
R	<u>Electrical Works:</u> Allow for Electrical works associated with the above works comprising of the mains Isolator,Control Panel,MCB's,ON/OFF Switches,including all other necessary items for entire electrical control system	1	ITEM		

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TOTAL CARRIED TO COLLECTION PAGE (1)					
ITEM NO.	DESCRIPTION	QTY	UNIT	RATE	TOTAL (KSH.)
	<u>ELEMENT NO.1 CONT'D:</u>				
	<u>Steam Room</u>				
A	Fully Packaged Steam Generator set, steam output 18kg/hr(Heat Capacity-12Kw) and overall size (420Wx170Dx330mm High) as Model AT10-ENGLAND or other equal and approved.The Generator to be installed complete with approved ComfortFlo Steam Head,standard manual drain Valve with an optional Automatic Flushing System,Inlet and Outlet Connections,including a touch screen control Panel or other equal and approved.To be also complete with approved water softener,Automatic level and feed water control,Safety equipments and devices,presure pump and installations,Steam bath lights, Local Transformers and Thermometer .It shall also be complete with a control panel comprising of the Mains Isolator,ON/OFF Switch,Indicator Lights,Low water and Temperature cut-offs,Water filters,Light Fittings,Automatic decalcifier,including wiring installation works from the mains isolator to the heater,Light fittings,Earth leakage circuit breaker and all other necessary items for the proper and satisfactory functioning of the entire system.The steam generator shall be supplied by a stainless steel water reservoir of capacity	1	ITEM		
	<u>Electric Sauna Heater</u>				
B	Fully Packaged, 10KW ,Wall Mounted,Stainless Steel Electric Sauna Heater set suitable for use in Health Fitness Clubs (Size 500W x 430D x 700mm High), Stone capacity, 66Kgs and Model K10G-U3-FINLANDIA or other equal and approved.The heater shall be capable of achieving a temperature of 110°C for dry sauna and shall have an approved thermo safe insulation covering on the outside to prevent accidental contact.To be also be complete with a whole mounting kit and a control panel comprising of a Thermometer,Hygrometer,Sauna Clock,Light Fittings,Copper Bucket and Laddle,including all wiring Installation works from the local isolator to the heater,light fittings and the control panel and all other necessary items for proper and satisfactory functioning of the entire system.The Control Panel shall be as ' Model Griffins 'or other equal and approved.	1	ITEM		

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TOTAL CARRIED TO COLLECTION PAGE (2)					
ITEM NO.	DESCRIPTION	QTY	UNIT	RATE	TOTAL (KSH.)
	<u>ELEMENT NO.2:</u>				
	<u>GYMNASIUM EQUIPMENTS:</u>				
	<u>The following Standard Gym Equipments comprising of the following:-</u>				
	<u>Treadmill Gym Equipment:</u>				
A	A fully packaged set of Standard Gym Treadmill equipment in welded steel frame with rust resistant coating, typical for use in weight loss and endurance training exercise,overall size(1600x700x1400mm high) with not less than 15-Preset Custom Learn Work-out programs-Room to Roam-on a spacious 1400mmLong x 500mm Wide Running deck with, an 8-point Eastomer cushioning.The Treadmill shall be complete with a driving motor of minimum continuous Horse power of (2.5HP) and shall be able to support a body weight of more than 90Kgs.It shall be equipped with an automatic system for the adjustment of work out Slope/Incline,including strap-on heart monitors for adjusting speed intensity and incline of workout in the range of 10%-15%,Console Fans,MP-3 Player,2-Ply tread belt size(1500mm long x 550mm wide.The Treadmill shall be as ' Model Fitnex CT-60 '-ENGLAND or other equal and approved	2	ITEM		
	<u>Multi-Gym Equipment:</u>				
B	6-station Multi-Gym equipment for leg and chest pressing with 4-weight and 2-without weight stations with a total weight of 250Kgs.as ' Model (125-1054) 'WNQ' or other equal and approved	1	No.		
	<u>Speed Rope:</u>				
C	(125-1185) Speed Rope ' Adidas '	5	No.		
	<u>Skip Rope:</u>				
D	(125-1257) Leather Skip Rope ' Reebok '	5	No.		
	<u>Dumbbell:</u>				
E	(125-719) 4Kg Coated Rubber Dumbbell	2	No.		
F	Ditto (125-721) but 8Kg	2	No.		
G	Ditto(125-723) but 12kg	2	No.		
	<u>Sit-Up Bench:</u>				
H	(BSB-510) Sit-up Bench with 3Kg Dumbbell as ' Model Mesuca ' or other approved equivalent				
	<u>Multi-Gym Body Sculpture:</u>				
I	Multi-Station-Multi-Gym body Sculpture with a max. user weight of 100kgs and comprising of a Butterfly/Shoulder press,Leg Curl/Thigh Extension,Curved Sit-Up bench,Arm Curl Pad,Dip Stand,Lateral Pull Down,Row Station with Ankle cuff and a Press Up Station and a set 1.5Kgs for aerobic based exercises.It shall be as ' Model BMG-4700 ' or other equal and approved equivalent	1	No.		
	<u>Testing</u>				
J	Allow for testing the above described,Jacuzzi,Steam Room,Sauna and Gym equipments both during Installation progress and at completion to Engineer's satisfaction and to leave them in sound working condition	4	ITEM		

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TOTAL CARRIED TO COLLECTION PAGE (3)					
ITEM NO.	DESCRIPTION	QTY	UNIT	RATE	TOTAL (KSH.)
	<p><u>ELEMENT NO.2:</u></p> <p><u>PROVISIONAL SUMS:</u> <u>The following Provisional Sums to be measured on completion and priced in accordance with the rates contained in these Bills of Quantities or prorata thereto or deducted in whole if not required.</u></p>				
A	Provide a Provisional Sum of Kenya Shillings One Hundred Thousand (Kshs. 100,000.00) only for Engineers Supervision and Contract Administration Expenses.	1	ITEM	100000	100,000.00
B	Provide a Provisional Sum of Kenya Shillings Five Hundred Thousand (Kshs.500,000.00) only for Contingencies	1	ITEM	500000	500,000.00

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	PROVISIONAL SUMS CARRIED TO COLLECTION...PAGE(4)				600,000.00
ITEM NO.	DESCRIPTION	QTY	UNIT	RATE	TOTAL (KSH.)
<u>GRAND SUMMARY PAGE:</u>					
	PRELIMINARIES BROUGHT FORWARD FROM.....			PG(G-6)	
	TOTALS BROUGHT FORWARD FROM.....	PG(1)	
	TOTALS BROUGHT FORWARD FROM.....	PG(2)	
	TOTALS BROUGHT FORWARD FROM.....	PG(3)	
	PROVISIONAL SUMS BROUGHT FORWARD FROM.....PG(4)	600,000.00
	SUBTOTALS.....				
	ADD 16% V.A.T				
	GRAND TOTAL TENDER SUM.....				
	AMOUNT OF TENDER SUM IN WORDS KENYA SHILLINGS SHILLINGS.....				
	NAME AND ADDRESS OF CONTRACTORS.....				
	DATE:.....SIGNATURE:.....				
	NAME AND ADDRESS OF WITNESS.....				
	DATE:.....SIGNATURE.....				

ITEM NO.	DESCRIPTION	QTY	UNIT	RATE	TOTAL (KSH.)	
	<u>(SUMMARY OF COLLECTION)</u>					
	PRELIMINARIES B/F FROM PAGE G-6.....				1,000,000.00	
	CARRIED TO COLLECTION	PG (1)			#BEZUG!	
	" " "	" (2)			#BEZUG!	
	" " "	" (3)			#BEZUG!	
	" " "	" (4)			#BEZUG!	
	" " "	" (5)			#BEZUG!	
	" " "	" (6)			#BEZUG!	
	" " "	" (7)			#BEZUG!	
	" " "	" (8)			#BEZUG!	
	" " "	" (9)			#BEZUG!	
	" " "	" (10)			#BEZUG!	
	" " "	" (11)			#BEZUG!	
	" " "	" (12)			#BEZUG!	
	" " "	" (13)			#BEZUG!	
	PROVISIONAL SUMS				#BEZUG!	
	SUB-TOTAL				#BEZUG!	
	ADD 16% V.A.T					
	GRAND TOTAL COLLECTION TO FORM OF TENDER				#BEZUG!	
	TOTAL TENDER SUM IN WORDS					

NAME AND ADDRESS OF CONTRACTOR						
DATE:.....SIGNATURE						
NAME AND ADDRESS OF WITNESS						
DATE.....SIGNATURE						

